

2019 Dreams, Ambitions & Goals:

(the more detailed, simple and specific.... the better)

What are the 3 things I like most and least about myself?

Most:

- 1.
- 2.
- 3.

Least:

- 1.
- 2.
- 3.

Who are the happiest 1-3 people I know? How often do I invest time with them?

- 1.
- 2.
- 3.

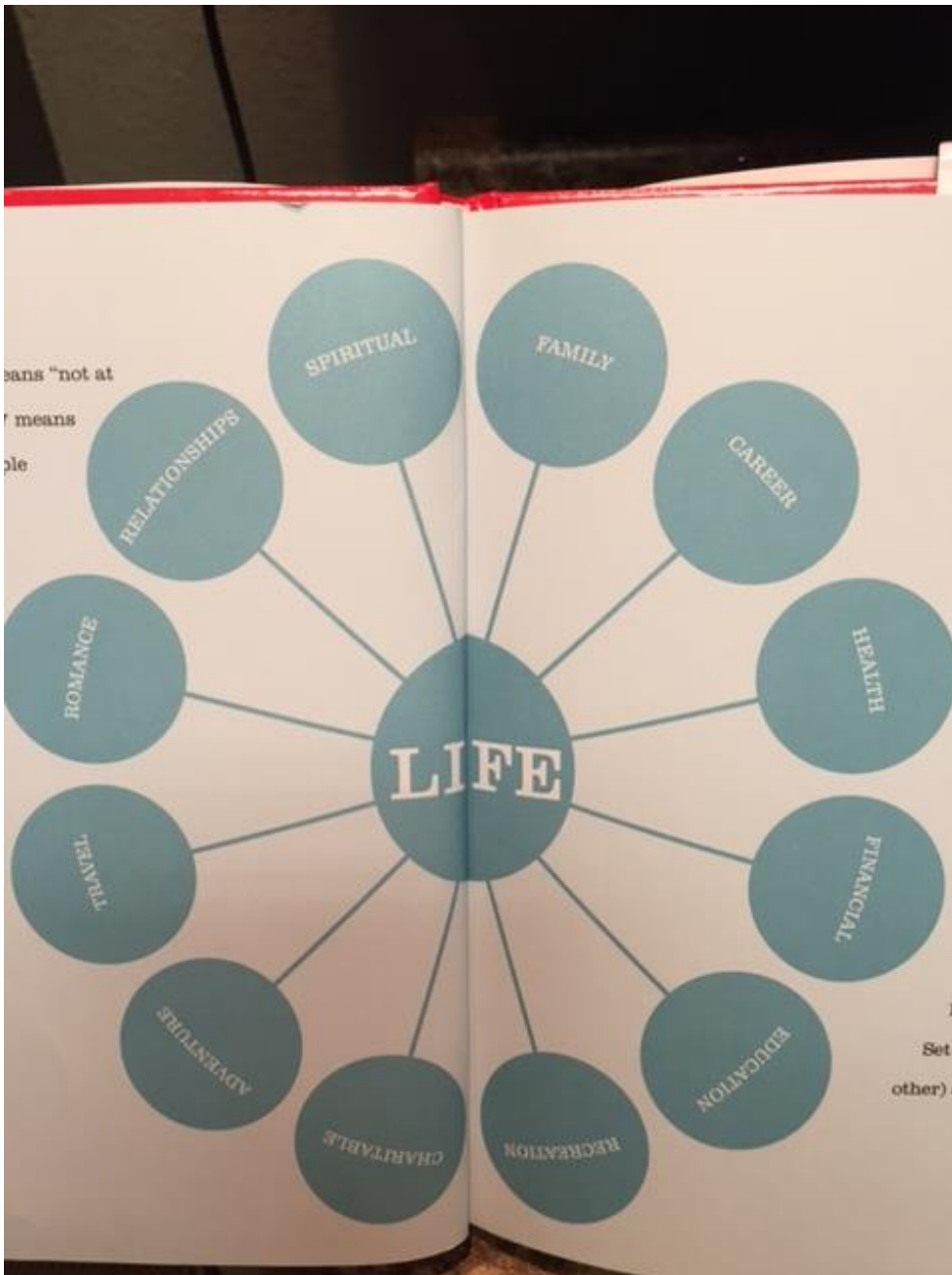
Who are the 2 people I like and respect the most & why?

Who Am I? 1-3 sentences describing who I see myself as.

My top 5 Values are:

My Mission/Purpose:

Balance is Beautiful: Setting goals in only one or two areas of life is like rowing a boat with only one oar- you go round and round and in only one direction. If you use all your creativity in just one area of your life, you are destined to be one-dimensional in others. (What's the use of being a multi-millionaire five years from now if you end up with a broken family?) On a scale of 1 to 7, where 1 means "not at all satisfied with my life" and 7 means "completely satisfied," the people on "Forbes" magazine's list of the 400 richest Americans average 5.8 – the same as the Inuit people in Greenland and the cattle-herding Masai of Kenya, who live in dung huts with no electricity or running water. \$\$ still doesn't buy happiness. Balance and leading a life of purpose and fulfillment do.



My goals in each of the 9 spokes of MY LIFE: (2-4 specific goals for each)

Family:

Career/Business:

Health/Personal Fitness:

Financial:

Growth & Education:

Adventure, Recreation, Travel & Re-Charge time:

Charitable:

Relationships/Romance:

Spiritual:

List 5 people that can help me achieve my goals, and how they can help me: