

# **2018 Dreams, Ambitions & Goals:**

**What are the 3 things I like most and least about myself?**

Most:

- 1.
- 2.
- 3.

Least:

- 1.
- 2.
- 3.

**Who are the happiest 1-3 people I know? How often do I invest time with them?**

- 1.
- 2.
- 3.

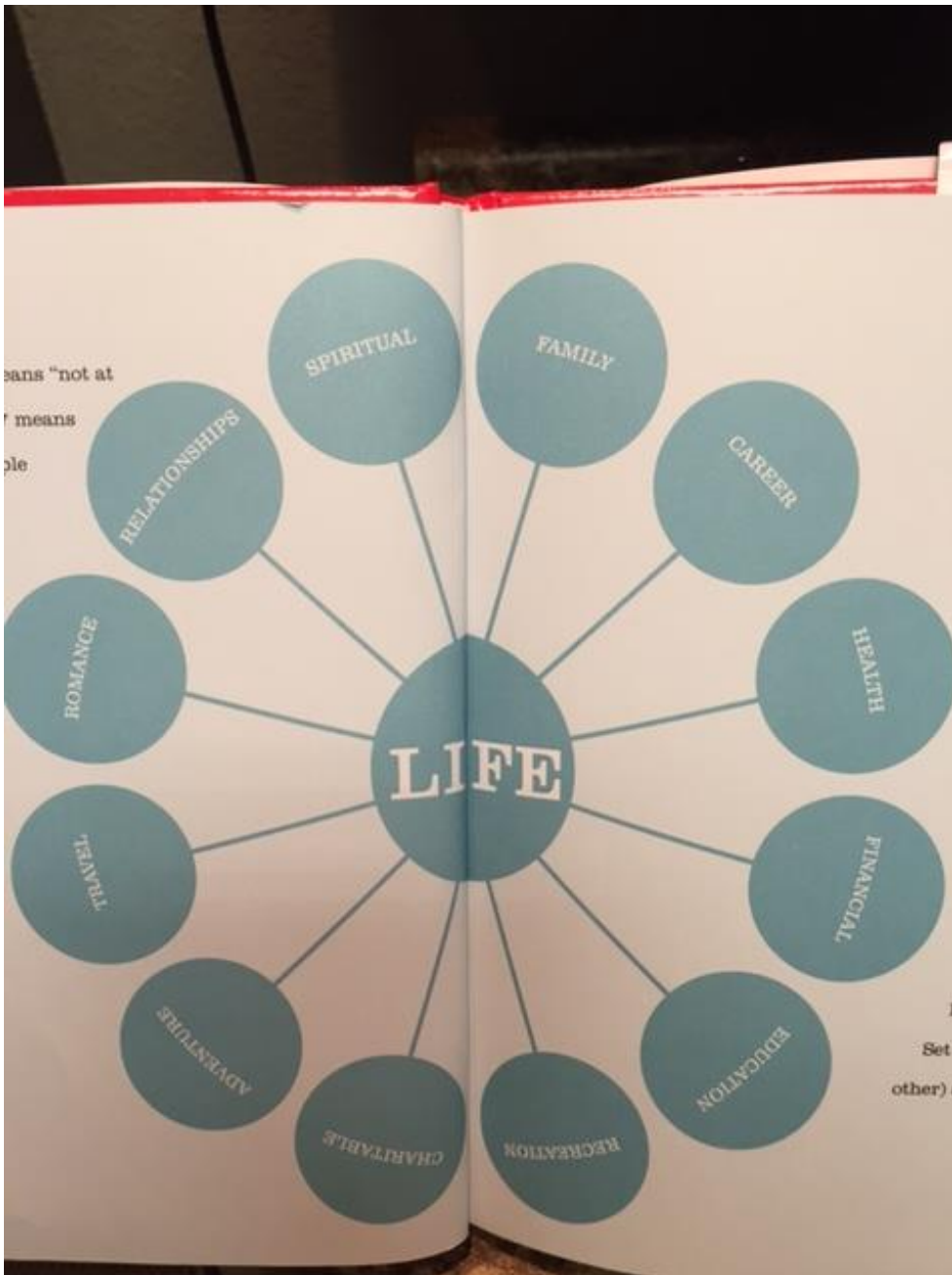
**Who are the 2 people I like and respect the most & why?**

**Who Am I? 1-3 sentences describing who I see myself as.**

**My top 5 Values are:**

**My Mission/Purpose:**

**Balance is Beautiful:** Setting goals in only one or two areas of life is like rowing a boat with only one oar- you go round and round and in only one direction. If you use all your creativity in just one area of your life, you are destined to be one-dimensional in others. (What's the use of being a multi-millionaire five years from now if you end up with a broken family?) On a scale of 1 to 7, where 1 means "not at all satisfied with my life" and 7 means "completely satisfied," the people on "Forbes" magazine's list of the 400 richest Americans average 5.8 – the same as the Inuit people in Greenland and the cattle-herding Masai of Kenya, who live in dung huts with no electricity or running water. \$\$ still doesn't buy happiness. Balance and leading a life of purpose and fulfillment do.



**My goals in each of the 9 spokes of MY LIFE: (2-4 specific goals in each)**

**Family:**

**Career/Business:**

**Health/Personal Fitness:**

**Financial:**

**Growth & Education:**

**Adventure, Recreation, Travel & Re-Charge time:**

**Charitable:**

**Relationships/Romance:**

**Spiritual:**

**List 5 people that can help me achieve my goals, and how they can help me:**